



Partners in Potty Training



IS YOUR CHILD READY TO POTTY TRAIN?

How do you know your child is ready to start toilet training? It is more than just taking their diaper off—there are many ways to tell if your child is ready. Below are a few indicators— and if your child is demonstrating the majority of these— then the timing may be right!

- Remaining dry for long periods of time
- Asking to be changed
- Verbalizing they have to go
- Waking up dry from a nap
- Going over to a corner or hiding when having a BM
- Telling you they are wet/soiled
- Asks to wear “big kid” underwear
- Able to assist in pulling up/down clothes

If your child is showing many signs they are ready, we can begin the partnership of potty training. Parents as partners are keys to success!

CONSISTENCY IS THE KEY

The most important factor in your child's success in potty training is consistency— both at home and school or daycare.

Communication with your child's teacher about your child's progress will help support consistency.

We will communicate:

- Potty success/attempts
- When your child has soiled clothes to take home
- Barriers or challenges we are experiencing

TIPS FOR SUCCESS

- Bring plenty of extra clothes
- Expect accidents!
 - We will reassure them it's no big deal, accidents happen
- Dress your child in easy to remove clothing
 - Avoid overalls or lots of buttons/buckles
- Read books at home about potty training
- Establish a routine— we will too!!
 - Use the potty every morning, before and after meals and snacks, when your child demonstrates physically (wiggling, getting quiet, etc.), and before naptime/bedtime
- Use lots of praise
 - Well done for sitting on the potty!
- Don't force it— we won't either
 - If they are scared, take it slow
 - Avoid conflicts

CONTINUED BATHROOM SUPPORTS

We know that potty training comes with additional self-help skills for your child to learn, and they take time to learn.

Learning to clean themselves well after using the potty is an ongoing skill to master. We commit to supporting this process too. Once your child is potty trained they may still need help with:

- wiping/cleaning up
- getting re-dressed
- Washing hands

Please communicate your child's bathroom support needs with your child's teacher so that we can ensure they are as clean and healthy as possible.

CHILDREN'S VILLAGE IS YOUR PARTNER IN POTTY TRAINING!

