

Children's Village Early Learning Center- Battle Ground

WEEK BEGINNING / /

WEEK ENDING / /

WEEK 1

		MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY						
		1-2 y	3-5 y	6-13 y	1-2 y	3-5 y	6-13 y	1-2 y	3-5 y	6-13 y	1-2 y	3-5 y	6-13 y	1-2 y	3-5 y	6-13 y				
BREAKFAST	* WG Cereal	Grain/MMA			*Easy Overnight Oats	Grain/MMA			* WG Pancakes (purchased)	Grain/MMA			* WG English muffin (w/WOW)	Grain/MMA			Yogurt	Grain/MMA		
		1/2 oz	1/2 oz	1 oz		1/2 oz	1/2 oz	1 oz		1/2 oz	1/2 oz	1 oz		1/2 oz	1/2 oz	1 oz		1/2 oz	1/2 oz	1 oz
	Mandarin Oranges	Fruit/Vegetable			Mixed berries	Fruit/Vegetable			Banana	Fruit/Vegetable			Apple Slices	Fruit/Vegetable			Mixed berries	Fruit/Vegetable		
		1/4 C	1/2 C	1/2 C		1/4 C	1/2 C	1/2 C		1/4 C	1/2 C	1/2 C		1/4 C	1/2 C	1/2 C		1/4 C	1/2 C	1/2 C
Milk	Milk			Milk	Milk			Milk	Milk			Milk	Milk			Milk	Milk			
	1/2 C	3/4 C	1 C		1/2 C	3/4 C	1 C		1/2 C	3/4 C	1 C		1/2 C	3/4 C	1 C		1/2 C	3/4 C	1 C	
AM SNACK	Water				Water				Water				Water				Water			
	Apples	Fruit/Vegetable			Mandarin Oranges	Fruit/Vegetable			Peaches	Fruit/Vegetable			* Wheat Thins	Grain			Celery Sticks	Fruit/Vegetable		
		1/2 c	1/2 c	3/4 c		1/2 c	1/2 c	3/4 c		1/2 c	1/2 c	3/4 c		1/2 oz	1/2 oz	1 oz		1/2 c	1/2 c	3/4 c
Mini Bagel w/WOW Butter	Grain			Ritz Crackers	Grain			Cottage Cheese	Meat/Meat Alt			String Cheese	Meat/Meat Alt			*WOW Butter	Grain			
	1/2 oz	1/2 oz	1 oz		1/2 oz	1/2 oz	1 oz		1/2 oz	1/2 oz	1 oz		1/2 oz	1/2 oz	1 oz		1/2 oz	1/2 oz	1 oz	
LUNCH	Spaghetti w/ Meat Sauce			Chicken Salad Pita			WOW Butter and Jelly Sandwich			Taco Salad (Wrap recipe)			Tuna and Noodles							
	Milk	Milk			Milk	Milk			Milk	Milk			Milk	Milk						
		1/2 c	3/4 c	1 c		1/2 c	3/4 c	1 c		1/2 c	3/4 c	1 c		1/2 c	3/4 c	1 c				
	Canned pears	Fruit			Sliced Apples	Fruit			Banana	Fruit			Tomato	Fruit			Broccoli	Vegetable		
		1/8 c	1/4 c	1/4 c		1/8 c	1/4 c	1/4 c		1/8 c	1/4 c	1/4 c		1/8 c	1/4 c	1/4 c		1/8 c	1/4 c	1/4 c
	Spaghetti sauce	Vegetable			Onion/Celery Baby Carrots (Side)	Vegetable			Bell Peppers	Vegetable			Canned Corn	Vegetable			Onions/Celery/ Bell peppers	Vegetable		
1/8 c		1/4 c	1/2 c	1/8 c		1/4 c	1/2 c	1/8 c		1/4 c	1/2 c	1/8 c		1/4 c	1/2 c	1/8 c		1/4 c	1/2 c	
* WGR Spaghetti	Grain			*WGR Pita	Grain			*WGR Bread	Grain			*WGR Brown rice, tortilla chips	Grain			*WGR Egg Noodles	Grain			
	1/2 oz	1/2 oz	1 oz		1/2 oz	1/2 oz	1 oz		1/2 oz	1/2 oz	1 oz		1/2 oz	1/2 oz	1 oz		1/2 oz	1/2 oz	1 oz	
Ground turkey	Meat/Meat Alt			Diced Chicken	Meat/Meat Alt			WOW Butter	Meat/Meat Alt			Ground turkey, cheese	Meat/Meat Alt			Tuna	Meat/Meat Alt			
	1 oz	1.5 oz	2 oz		1 oz	1.5 oz	2 oz		1 oz	1.5 oz	2 oz		1 oz	1.5 oz	2 oz		1 oz	1.5 oz	2 oz	
PM SNACK	Water				Water				Water				Water				Water			
	Carrots	Fruit/Vegetable			Banana	Fruit/Vegetable			Oranges	Fruit/Vegetable			Sliced apples	Fruit/Vegetable			Cucumber	Fruit/Vegetable		
		1/2 c	1/2 c	3/4 c		1/2 c	1/2 c	3/4 c		1/2 c	1/2 c	3/4 c		1/2 c	1/2 c	3/4 c		1/2 c	1/2 c	3/4 c
* Tortilla chips (salsa condiment)	Grain			String Cheese	Meat/Meat Alt			Pretzels	Grain			Graham crackers	Grain			Cheeze Its	Grain			
	1/2 oz	1/2 oz	1 oz		1/2 oz	1/2 oz	1 oz		1/2 oz	1/2 oz	1 oz		1/2 oz	1/2 oz	1 oz		1/2 oz	1/2 oz	1 oz	
LATE SNACK	Water				Water				Water				Water				Water			
	*WGR Wheat Thins	Grain			Apples	Vegetable			Carrots	Vegetable			Banana	Fruit			Carrots	Vegetable		
		1/2 oz	1/2 oz	1 oz		1/2 c	1/2 c	3/4 c		1/2 c	1/2 c	3/4 c		1/2 c	1/2 c	3/4 c		1/2 c	1/2 c	3/4 c
String Cheese	Meat/Meat Alt			American Cheese	Meat/Meat Alt			Goldfish	Grain			*Wheat Thins	Grain			Pretzels	Grain			
	1/2 oz	1/2 oz	1 oz		1/2 oz	1/2 oz	1 oz		1/2 oz	1/2 oz	1 oz		1/2 oz	1/2 oz	1 oz		1/2 oz	1/2 oz	1 oz	

Age 1 served whole unflavored milk
 Age 2 -12 served 1% or fat-free unflavored milk

At least one serving of grains per day
 must be whole grain-rich, and marked with *

*Meat and Meal alternatives may be served in place of the entire grain at breakfast
 a max. of three times per week.

"This institution is an equal opportunity provider."